

Division of Interventional (Surgical) Neuroradiology
Vertebroplasty Home Care Instructions

What to expect after a Vertebroplasty ----

You back will be sore from the needle for several days.
You may have some soreness in your chest or ribs from lying on your stomach.

When to call your doctor ----

If you have a fever over 101.5
If there is redness, swelling, or bleeding from the needle site

Instructions ----

Rest quietly for the rest of today walk with assistance.
Only light activity for 3-5 days.
No heavy lifting.
Take pain medicine as needed.
Remove the bandage tomorrow and shower or bathe as desired.

We will call you tomorrow and again in one week and will schedule a follow-up appointment in about 6 weeks. A formal report will be sent to your referring doctor.

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